A young girl with dark hair is running and hula hooping outdoors. She is wearing a light blue tank top and a floral skirt. Her hair is flying, and she has a joyful expression. The background shows trees and a bright, sunny day.

Back to School

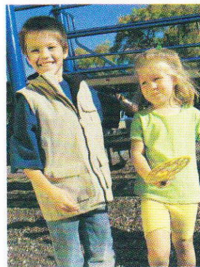
Safety Tips



Safety Tips for Children

At School:

- **KNOW** where the Block Parent® homes are in your neighbourhood.
- **KNOW** when you can and cannot use a Block Parent® home.
- **ALWAYS** walk and play in pairs or groups.
- **WHEN** going to school, go directly there and do not stop along the way.
- **NEVER** go with anyone unless they can give you the "Secret Code" or "Password."
- **ALWAYS** be sure your parent's/caregiver's know where you are.
- **NEVER** hitchhike.
- **NEVER** ride home with anyone unless you have your parent's/caregiver's permission first.
- **ALWAYS** ask for your parent's/caregiver's permission before going to a friend's home after school.
- **ALWAYS** use the same route every day.



At Home Alone:

- **NEVER** let anyone into your house if you are home alone.
- **NEVER** say you are home alone when talking on the phone.



At Play:

- **WALK**, don't run, across the street.
- **LOOK** both ways before crossing the street.
- **SAY NO** if a friend or grown-up asks you to do something you don't think is right.
- **USE** crosswalks whenever possible.
- **NEVER** play in empty buildings or isolated areas.
- **NEVER** play near parked cars.
- **OBEY** traffic signs, lights and crossing guards.
- **REMEMBER**, if something feels bad or scary, get away and tell someone you trust.
- **WALK** on the left-hand side of the road, facing traffic, if there are no sidewalks.
- **NEVER** accept anything from someone (candy, money, or gifts) without your parent's/caregiver's permission.
- **BE CAREFUL** if a grown-up asks for directions. Keep a safe distance away.



Safety Tips for Parents

- **FIND** out if there is a Block Parent® Program in your community and learn how this Program makes your neighbourhood safe.
- **MAKE** sure your child knows how to use a pay phone in an emergency.
- **ALWAYS** keep an updated list of names, addresses and phone numbers of your child's friends.
- **TAKE** primary age children on a walking tour of their route to and from school. Point out Block Parent® homes, other safe places and dangerous places along the way.
- **MAKE** sure your child knows their name, address and telephone number, including area code.
- **NEVER** put your child's name on the outside of their coats, hats, backpacks, etc., as it makes it easier for someone to gain their trust by calling them by their name.
- **CHECK** with your school to make sure they have a "Safe Arrival Program" or "Absentee Check."
- **KNOW** your child's whereabouts at all times.
- **POST** emergency numbers by the phone.
- **BE** familiar with your child's friends and daily activities.
- **REINFORCE** with your child that strangers can drive any type of vehicle, can be male or female, young or old, short or tall, or can look shabby or be well-dressed.
- **CONSIDER** using a "Secret Code" or "Password" should someone other than you pick-up your child.
- **MAKE** the school aware of any food allergies your child may have. It may be wise to have your child wear a MedicAlert® bracelet.
- **REINFORCE** these safety tips by playing "What if...?" games with your child.



BECOME A BLOCK PARENT

Partners for a Safer Community



www.blockparent.ca



Public Safety
Canada